

Kirkwood

NEIGHBOR

www.HISTORIC-KIRKWOOD.org

Wine Stroll Has More for Your Taste Buds This Year

by Tracey Bradley

One of Kirkwood's most anticipated neighborhood events is right around the corner. The Kirkwood Wine Stroll is back!

For 10 years, this event, sponsored by the Kirkwood Business Owners Association, has brought together neighbors and local merchants over a leisurely sampling of wines from around the world. It's a great way to get to know the many adorable shops, unique galleries, and amazing restaurants that make Kirkwood a destination location.

photos by Addison Hall



Proceeds from the Wine Stroll provide donations to local schools and fund future KBOA neighborhood events.

For the low price of \$40 (when you buy in advance), you'll get a free souvenir glass to taste wines from the 35 pouring stations sponsored by local merchants. Your admission also includes a

continues page 11



IN THIS ISSUE ...

page 3 Kirkwood Library renovation

page 5 Word Search

page 6 Yoga studio coming to downtown Kirkwood

page 9 Summer break-ins

page 10 Battle of Atlanta walking tours and events



Kirkwood Neighbors' Organization (KNO) is a racially and economically diverse civic organization devoted to the revitalization of Atlanta's historic Kirkwood community.

KNO meets on the 10th of each month at 7 pm at the Turner Monumental A.M.E. Church, 66 Howard Street NE.

Everyone is welcome!

2016 KNO Officers

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678.231.7275

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Your comments about this newsletter or story ideas are encouraged. Please contact the Editor.

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Kirkwood Neighbors' Organization (KNO)
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All KNO and NPU-O meetings & neighborhood events

Kirkwood Library Gets \$1.5 Million for Renovation

On June 15, 2016, the Fulton County Board of Commissioners voted to pass agenda item #16-0512, which includes a \$1,507,886 renovation of the Kirkwood branch of the Atlanta-Fulton Public Library System.

The library system is engaged in a \$275 million building program, funded by a library bond referendum approved by Fulton County voters in 2008. The project is divided into two phases.

The original phase I of the library building program consisted of 10 projects with a total budget of \$167 million. These dollars included everything from design and construction to funding for collections at eight new libraries — Alpharetta, East Roswell, Metropolitan, Milton, Northwest, Palmetto, Southeast Atlanta, and Wolf Creek — and two expanded libraries — South Fulton and Auburn Avenue Research Library on African American Culture and History.

More than \$20 million dollars were saved, and, as a result, Kirkwood has been added to Phase I plans. Renovations should be forthcoming.



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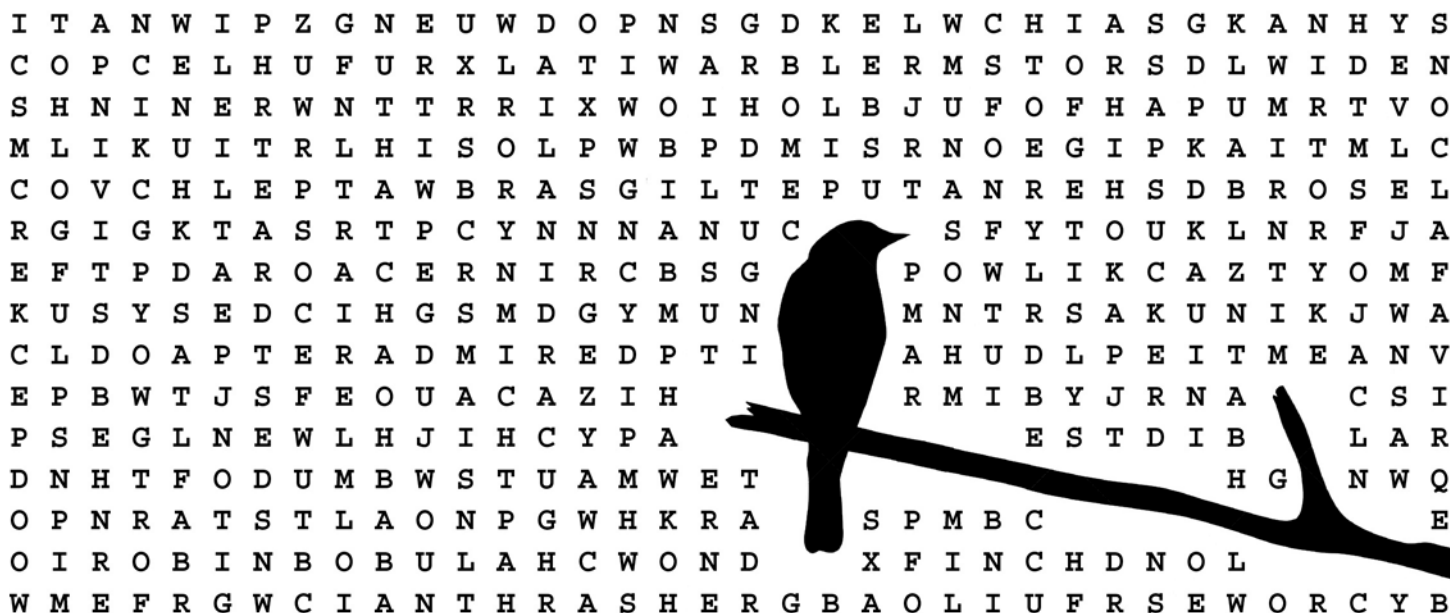
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Coming Soon — Getting Your “Om” on in Kirkwood

After the smash success of purchasing, remodeling, and rebranding Jazmin Spa, the team behind Indigo Wellness is blazing into their next endeavor. In expanding their vision of conscious living, they’ve recently acquired a prime space in Kirkwood for developing their yoga studio: Indigo Yoga.

The Indigo Wellness brand is the brainchild of owner-operator Paris Campeau and her design partner, Kendell van der Heijden. From day one, their goal has been to create a space for rejuvenating body, mind, and spirit. “My personal motto, and the one that permeates everything we do at Indigo Wellness, is ‘Internal health creates external beauty,’” says Paris.

To that end, the acquisition of the old United Church of Christ build-

ing behind Arden’s Garden in downtown Kirkwood establishes a genuine connection for the Indigo movement: the transformation of one spiritual center into another while retaining its identity as a place of purposeful practice.

Paris emphasizes that the yoga studio, and her practice in general, are motivated by a love of and commitment to her community. In addition to being a licensed esthetician, she is also a yoga teacher. Her goal, she says, is to give more people in and around her community access to yoga. She explains that the word yoga translates to English as the verb “to yoke,” in reference to yoga’s unique power to bring people together from all walks of life. “We want to embody the spirit of togetherness in wellbeing,” she says.

Although Indigo Yoga will be a traditional Hatha studio, the remodel of the church building will share the unique blend of modern design and immersive atmosphere as Indigo Wellness. It, too, will be designed by Kendell, who created the Indigo Wellness logo, brand, and interior design of the spa. Her background as an in-house corporate designer started over 20 years ago here in Atlanta. It included a stint in New York City working as an art director for a Fortune 300 consulting firm before she decided to go into business as creative director of her own studio, Mean Bus Driver Design.

Yoga classes will be accessible to anyone interested in the practice — all ages and body types, experienced practitioners and beginners alike. “There’s a way for everyone to do yoga,” says Paris. “Most

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people think you need to be hyper-flexible, but it's really about being sincerely present to your body, mind, and spirit. Everyone has some poses where they excel, and others that are more challenging, but the benefits of practice are universal." Some of the classes the yoga studio plans to offer are kids, mommy &

me, prenatal, beginners, and men only.

Indigo Wellness — and now Indigo Yoga — are looking forward to being a mainstay in the neighborhood for years to come. Paris and Kendell and the team have hosted and sponsored numerous events in Kirkwood already, including a sold out men-only night featur-

ing upbeat music, manly munchies, and bourbon. They were also a sponsor of the annual Spring Fling in May.

In order to expedite their efforts to open the yoga studio and expand their contributions to the Kirkwood community, the team has started a crowdfunding campaign at GoFundMe.

Follow Indigo Wellness on social media to learn more about the new space, the crowdfunding progress, and upcoming specials at both the spa and yoga studio.

If you'd like to show your support for the yoga studio and gain early adopter perks, please visit:

www.GoFundMe.com/IndigoYogaKirkwood

Oh! So that's how you pronounce it!



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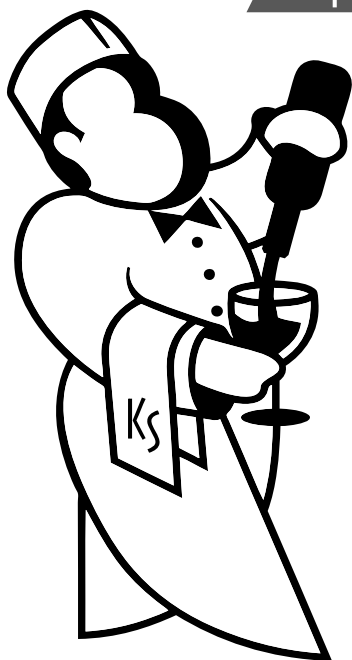
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10TH

ANNIVERSARY

KIRKWOOD WINE STROLL

\$40 Tickets



Day of event \$50

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September 23

Hosted by Kirkwood Business Owners' Association
Details/online tickets at KirkwoodBiz.com

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More Break-ins Happen During Summer

The typical method is “smash-and-grab,” with a door kicked in, goodies snatched, and the intruder gone in less than five minutes. One Grant Park theft captured by the home security camera and posted on YouTube was timed at just 22 seconds from kick-in to exit with TV.

Most burglaries occur between noon and 3:00 PM, when the home’s occupants are at work. Some, like the one in the video, happened right after the owners leave for work. That implies the house was being watched.

Do security cameras help? They seldom deter thieves, but sometimes they can give police clues to catch them. However, the camera would have to be of good enough quality to provide a high-resolution image for identification, preferably in color. That’s an expensive camera, and it would still have to be positioned just right to catch something usable.

Unless you have deep pockets, there are more effective

deterrents for your money. Preventing intrusion through doors and windows is the best idea. A monitored alarm system to limit “illegal shopping” time is the second thing you should consider.

For doors:

- Steel burglar bar doors (with their own locks) installed outside your entry door
- Reinforcement of jambs and door with unobtrusive steel hardware
- Security storm doors like Larson’s “Secure Elegance”

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- Steel burglar bars
- Window pins for wood win-

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- iPads
- large-screen TVs
- game stations
- other electronics
- jewelry
- guns

dows, or dowels for vinyl and aluminum windows

- Clear window security film with its super-strong adhesive

Contact a security company like The Entry Enforcer (see ad below) to discuss your concerns and your options.

by Duncan Cottrell

I hate to say it, but crime statistics demonstrate that break-ins increase when school is not in session. That means summer vacation, end-of-the-year holidays, and, to a lesser extent, spring break.

The police tell me that adult criminals will recruit kids and train them to kick in doors and steal desired items. The adult mentor watches from a safe distance but receives the stolen goods. If they’re caught, juveniles are treated more leniently under the law, and the adult can avoid an arrest that will stick.



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New “Civil War to Civil Rights” Walking Tour and Battle of Atlanta Memorial

by Henry Bryant

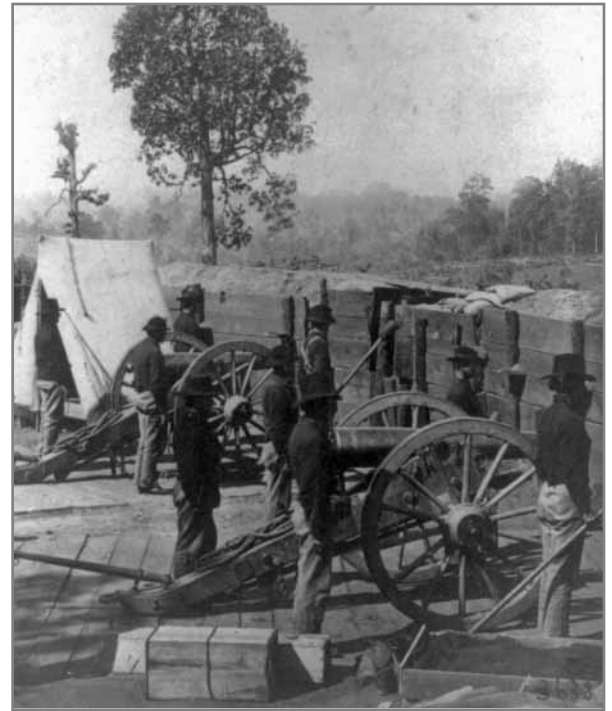
A new Battle of Atlanta Tour is coming on July 23: “Civil War to Civil Rights.” It’s about an hour and a half easy walk that includes the place where the Union Army was encamped, where the Battle of Atlanta started on July 22, 1864, and several civil rights sites on our side of town. Visitors will hear stories of the men who fought in the historic battle that changed the course of U.S. history as well as the story of two young students who made a difference for all who have come after them.

Space is limited, so advance tickets are required. Purchase until July 10 at www.batlevent.org.

The BATL organization will also be holding wreath-laying ceremonies on July 23 at Atlanta’s only genuine battlefield monuments to mark the 152nd anniversary of the Battle of Atlanta. The event is free of charge.

In August, look for a Kirkwood tour entitled “The Battle Started Here.”

Information about upcoming programs will be posted on the website soon if they aren’t already there. Money from the tours will be used to restore Atlanta’s only two battlefield monuments.



*photographic print by George H. Barnard
courtesy of Library of Congress*

Confederate fort near Atlanta, part of the city’s inner ring of fortification, 1864.

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Wine Stroll

continued from page 1

Passport with wine tasting information, local discounts, and a place to enter your notes.

And new this year: Tickets for food, provided by neighborhood establishments, will be available inside the event.

The Kirkwood Wine Stroll always relies on volunteers for its success. Email kirkwoodwines-troll@gmail.com if you're interested in helping out, from scanning tickets to set up or clean up. You'll receive free admission for your efforts!

Invite your friends and neighbors to *the* celebration of our beloved Kirkwood neighborhood! Tickets are limited, so buy yours today.



photo by Addison Hall

When: Friday, September 23, from 6:30 to 10:30 pm

Where: Downtown Kirkwood

Tickets: \$40 online, available at KirkwoodWineStroll.com
\$50 at the gate,



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