

Kirkwood

NEIGHBOR

Save recycling! Do your part to make it work

by Jeffery Childers

Recycling helps the environment, preserves natural resources, and provides jobs. But only when we make an effort to do it correctly!

Recycling is in trouble, both locally and nationally. It has become more difficult for companies that process recycled materials to make a profit. For years, China has been the primary buyer of recycled materials, and now they insist that we have cleaner bales for them to purchase.

Why is that happening? It seems we are doing a very poor job when it comes to proper recycling. Our laziness in recycling results in unusable items being put into the recycling stream. Recycling companies have to hire extra personnel just to pluck the trash out of the assembly line.



First, don't put garbage into the recycling container. Of course, *do* recycle cardboard, paper, mail, and food boxes. You can also recycle clean plastic bottles and the caps, glass bottles, beverage cans, food cans, and jugs.

Glass, metal, and plastic containers have to be clean. If you don't feel like cleaning

them, then the best option is to put them into the trash for the landfill.

Don't put plastic bags into your recycling container. They clog sorting machines. And speaking of bags, don't put materials into bags. Your items need to be loose to make sorting easier.

Recycling Don'ts

- Styrofoam
- Medicine bottles
- Shredded paper
- Pizza boxes with oily spots
- Ceramics
- Electronics and batteries
- Packaging materials
- Scrap metal
- Cloth and textiles

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Kirkwood Neighbors' Organization (KNO) is a racially and economically diverse civic organization devoted to the revitalization of Atlanta's historic Kirkwood community.

KNO meets on the 10th of each month at 7 PM at the Turner Monumental A.M.E. Church, 66 Howard St. NE.

Everyone is welcome!

2018 KNO Officers

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Comments? Story Ideas? Advertising Questions?

Your comments about this newsletter or story ideas are encouraged. Please contact the Editor.

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All material in the Kirkwood Neighbor is copyrighted by the Kirkwood Neighbors' Organization (KNO).

Kirkwood Neighbors' Organization (KNO)
P.O. Box 170010 • Atlanta, Georgia 30317
www.historic-kirkwood.org

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All KNO and NPU-O meetings & neighborhood events

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Have you seen the new Kirkwood banners?



They're installed downtown as well as by Kirkwood Park (near Poppa Corn's) and the Howard Street bend (by Smugs Fitness).

Oh! So that's how you pronounce it!



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"Affordable sweat" to reach your fitness potential

Kirkwood Sweats, a new fitness studio in Kirkwood Station, was born out of a love of fitness, laughing, people, sports, and a healthy lifestyle.

"We don't try to be anything more than simply ourselves," said owner Ross Schneider. "We emphasize community, and our goal is to make you sweat at an affordable price, enjoy life, and realize your potential."

Kirkwood Sweats offers both 1-on-1 personal training and drop-in group fitness classes. Class size is limited, but classes are held both in the mornings and evenings. Training sessions and classes incorporate traditional strength training, cycling, agility, kettle bells, TRX, Pilates, and a focus on core strength.

"We do not and will

never believe in simply one philosophy of exercise," said Schneider. "Fitness doesn't belong in a box, especially not a corporate franchising box."

Group classes offer a 45-minute workout with a different training emphasis each day, along with the opportunity to make new friends. Private training sessions run 30-60 minutes and are tailored to personal goals.

Kirkwood Sweats is open Monday through Thursday, 6:00 AM - 9:00 PM, Friday, 6:00 AM - 1:00 PM, and Saturday, 7:00 AM - 12:00 NOON.

1963 Hosea Williams Drive

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Thanks, Robina Wimbush Griggs of Whitesboro, Texas!

While visiting her sister Emily Wimbush at Augusta Designs, Griggs fell in love with Kirkwood and tackled a small gardening project – cleaning up around the Kirkwood median sign.



Eastside Cornhole League hosted its summer tournament at the Kirkyard on Saturday, July 28, as a fundraiser for **Kirkwood Cares**.



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Back-to-school picnic

Meet and mingle with FATE/WELA (Fred Armon Toomer Elementary and Whitefoord Early Learning Academy) students, families, and teachers to kick off the new school year at a picnic on the playground.

Free hot dogs, chips, and drinks provided by the PTA. Hokulia Shave Ice will be on-site selling shaved ice for \$4, and generously donating part of the proceeds.

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Kirkwood comes together to save elderly dog

contributions from Scott Malvestiti, Bee Nguyen, and Gina Whelchel

On July 17, Sean MH posted in the Kirkwood Neighbors Facebook group on behalf of his elderly neighbors: "Their dog has reached the point of no return; she can no longer walk or even keep her food down. She is just lying in the backyard with the flies swarming all over her. Our neighbors cannot afford any vet fees." He was headed out of the country within hours and couldn't coordinate any help for the family.

Many folks jumped in with suggestions for humane euthanasia as well as offers to help cover costs. Bee Nguyen met Lap of Love, a mobile clinic, at the house with Scott Malvestiti that afternoon. The vet assessed the dog, who was walking around and friendly, and said she should not be put down. Instead, she needed vaccinations, flea medication, grooming, and better food.

This was great news. The owners, who have lived in Kirkwood since 1969, have had Black Girl, or BG, since she was able to fit in the palms of her mom's hands, and they really love her and don't want her to suffer. They just struggle financially. (Sean had been leading a Kirkwood Cares project to put

a new roof on and replace the soffit and gutters at Black Girl's home.) So the donations that were coming in to pay for euthanasia and cremation were used for BG's veterinary care instead.

The next day, Dr. Brown of Healing Hands came out. He did an extended exam and found BG to be in good health for a 14-year-old, with the normal aches and stiffness of any senior pup. Overall the vet was impressed with her and had a hard time believing she was 14.

He gave her a mild sedation to take the edge off and then was able to check out all her nooks and crannies. She had her ears cleaned and her mats removed. Dr. Brown's assistant (his wife) tried to give her a more attractive shave and even out the bald spots.

He prescribed medication for her pain and special food, which is easy on the stomach, hoping that a change in her diet would take care of her vomiting. He returned the next morning to administer all of her vaccines, since he didn't have them in the van for the initial "emergency" visit.

A little more than a week after Sean originally posted, asking for help, BG was doing great. While she was still in need of a bath, the flies that surrounded her were gone, thanks to a couple of well-placed traps and a spray-on repellent/insecticide safe for dogs. She's on a pain pill a day to help with her arthritis, and once her GI issues are under control, she'll probably be put on an anti-inflammatory instead.

Scott reports that she seems very happy when he shows up to give her



photos by Scott Malvestiti

meds, probably because she loves the treats he hides it in. She's transitioning to a diet that is better for her and won't upset her tummy. And it could be a cough that's causing her to throw up some of her food, not a GI problem.

Her cough may be because she tested positive for heart worms. No decision has been made about if or how to treat them, but there's a "slow kill" protocol that's gentler on a dog's body, considerably less expensive (around \$200), and has good results. For now she'll continue with her pain meds and healthy diet.

Donations have covered BG's care and related expenses so far. And Dr. Brown discounted his services over \$100. Scott says, "To all of you [who] have supported BG through your contributions and prayers, thank you so much. The family is so grateful, and they express it *every* time we speak."

To help with BG's expenses, send money via **Venmo** to @Scott-Malvestiti, **Square Cash** app to \$ScottMalvestiti, or **PayPal** to krapola@sfdogwalkers.com

You can help Kirkwood Cares with the roof and gutters at BG's house via the "Donate" link on their Facebook page www.facebook.com/kirkwoodcares



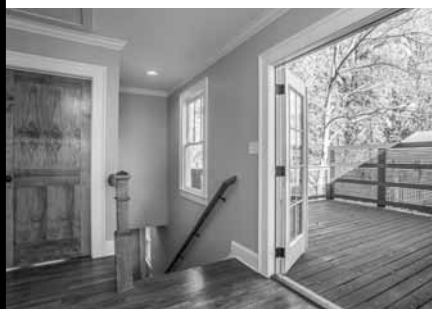
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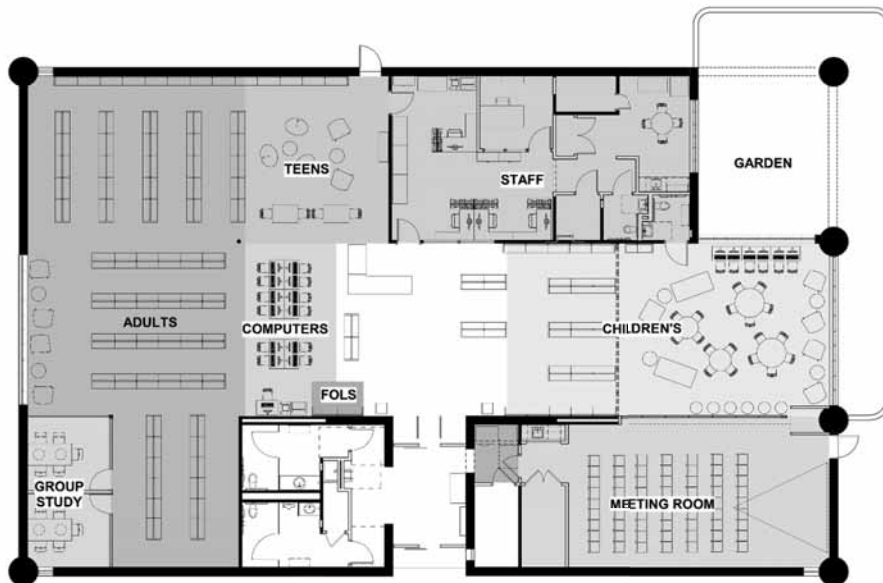


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ARCHITECTURE



The Kirkwood branch will close to the public on Wednesday, August 8, to begin extensive renovation inside. The work is expected to be completed in late November.

For library service during construction, the closest branches to Kirkwood are:

- East Atlanta: 400 Flat Shoals Ave. SE, Atlanta

30316

- Ponce de Leon: 980 Ponce de Leon Ave. NE, Atlanta 30306

Kirkwood residents also have the option of using the DeKalb County Public Library system. The closest branches are:

- Decatur: 215 Sycamore Street, Decatur 30030
- Scott Candler: 1917

Candler Road, Decatur 30032

- Gresham: 2418 Gresham Road SE, Atlanta 30316

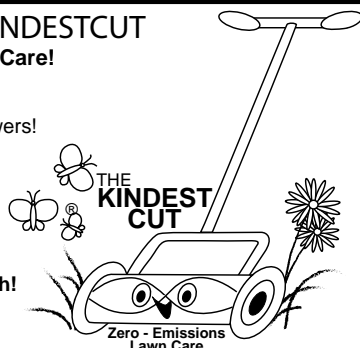
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